

WISHRAM SIGNALS



Volume 15 Issue 3

Wishram School Newsletter

March 2016

WISHRAM
SCHOOL

Drug Free
Smoke Free
Gun Free

News from the Principal's Office

Hello everyone, this month was full of academic and athletic achievement at all grade levels, and we are very excited to share some of our success stories with you. Academically Wishram has had two of the strongest months on record, and missing assignments are at an all time low. Athletically, we wrapped up all of our basketball schedules, and our high school girls went all the way to the state championship. With all of that positive news in our past, we are very much looking forward to a continued path of success into March and beyond.

As many of you are aware, we have implemented the ICU program that targets missing assignments. Although many students were leery at first, we have been able to witness some tremendous progress. Many students have never been on the missing assignment list, and those that have generally haven't taken more than a day or two to work their way off. As a result, our grades have dramatically improved. Currently we only have 15 assignments on the list from 6 students, and over 220 assignments were completed over the course of the month. Please make sure to contact the school for your student's skyward username and password if you would like to keep up on their grades and missing work. It is our goal to partner with each of you to provide your student with the optimal opportunity for academic success at Wishram School.

On the court, we had a very positive month, with all teams completing play within the month of February. Nearly 80% of Wishram student's in grades 5-12 competed in Winter athletics, and we are very proud of each of them. Many studies have shown that students who are involved in school activities tend to see increased academic success, and our students prove that correlation daily. If you happen to see any of our young men and women that participated in athletics this Winter, please let them know how proud you are of them, and the way that they represent our wonderful community.

The high school girls really played tough over the course of this month, and earned their way into the state basketball tournament that concluded over last weekend. Although we didn't place, the girls played their hearts out, and had the experience of a lifetime in Spokane. For our Seniors, this marks an incredible Fall and Winter athletic effort as they made it to state in both Volleyball and Basketball in the same year. Great job ladies.

In summation, February was full of positive and uplifting experiences that remind us all of how special Wishram School really is. The students, staff, and community of Wishram are second to none, and we are all looking forward to seeing what Spring has to offer. All my best.

-Mike Roberts
Superintendent/Principal
Wishram School District #94

School Board Members:

Chairman, Clyde Rosa
Member, Kandy Churchwell
Member, Jeri Ruefer-Hore
Member, Eugene Wilson
Member, Detmar McCullough



School Board Meeting March 22nd @ 5:00

Wishram School is currently operating under the CEP (Community Eligibility Program), which was created through the Healthy, Hunger-Free Kids Act of 2010, and allows qualifying high-poverty local educational agencies (LEAs) and schools to offer breakfast and lunch at no cost to all students without requiring families to complete an annual household application.

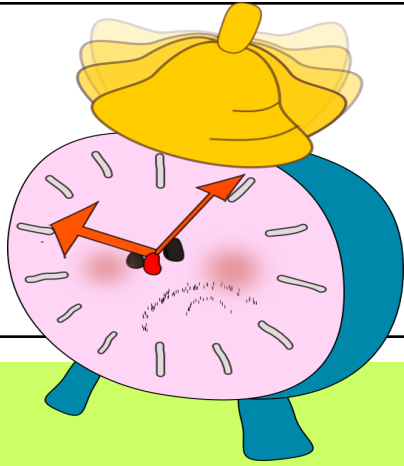
Wishram School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Wishram School Superintendent, PO Box 8, Wishram, WA 98673, (509) 748-2551.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form, \(AD-3027\)](http://www.ascr.usda.gov/complaint_filing_cust.html) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; fax: (202) 690-7442; or email: program.intake@usda.gov.

This institution is an equal opportunity provider.





DAYLIGHT SAVING MARCH 13TH
TURN YOUR CLOCKS "AHEAD" 1 HOUR

**PARENT/TEACHER CONFERENCES
MARCH 30TH—31ST**

APRIL 1ST —12:00 DISMISSAL

SPRING BREAK APRIL 4TH— 8TH

SURVEILLANCE EQUIPMENT

Our surveillance equipment will be taking pictures of all the school grounds all of the time, north, south, east and west, as will the camera in the front hallway. Wishram School videotapes teachers periodically as a tool to improve our teaching. We look at how we teach and how our students respond. These videos are for in-school use only. If you do not want your child/ren to be a part of this process, please call Ms. Chantler at the school at 509-748-2551.

LifeTip!

Anonymous tip line for school safety

1-866-LIVE-TIP Ext. 940

(1-866-548-3847, ext 940)

Report anonymously 24 hours a day/365 days a year:

- School violence—weapons, bomb threats
- School damage—vandalism, theft

February		~ March 2016 ~					April
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 B-Colby calzone, fruit & milk. L-Mexican beef wraps, refried beans, salad, veggie, fruit & milk.	2 12:00 DISMISS B-Cereal, toast, fruit & milk. L-Chicken burger, salad, veggie, fruit & milk.	3 B-Pancakes, fruit & milk. L-Hamburger gravy on mashed potatoes, roll, salad, veggie, fruit & milk.	4 B-Caramel apple salad, toast, fruit & milk. L-Nachos, Spanish rice, salad, veggie, fruit & milk.	5	
6	7 B-Breakfast Buddy sandwich, fruit & milk. L-Mandarin orange chicken, rice, fortune cookie, salad, veggie, fruit & milk.	8 B-Blueberry muffin, cereal, sausage, toast, fruit & milk. L-Bean & cheese burrito, salad, veggie, fruit & milk.	9 B-Biscuits & gravy, fruit & milk. L-Grilled ham & cheese, soup, baked beans, salad, veggie, fruit & milk.	10 B-Bagel, w/cream cheese, sausage, fruit & milk. L-Chicken & noodles, salad, veggie, fruit & milk.	11 NO SCHOOL	12	
13	14 B-Cereal, toast, fruit & milk. L-Macaroni & cheese, salad, veggie, fruit & milk.	15 B-Pancakes, fruit & milk. L-Sweet & sour chicken, rice, salad, veggie, fruit & milk.	16 12:00 DISMISS B-Walnut breakfast cookie, cereal, fruit & milk. L-Hotdog, baked beans, salad, veggie, fruit & milk.	17 B-Bacon & egg cone, fruit & milk. L-Tuna sandwich, soup, salad, veggie, fruit & milk.	18 Breakfast burrito, fruit & milk. L-Pizza, salad, veggie, fruit & milk	19	
20	21 B-Eggs & bacon, hash browns, toast, fruit & milk. L-Chicken chop suey, rice, salad, veggie, fruit & milk.	22 B-Cream of wheat, toast, fruit & milk. L-Chicken penne Alfredo, roll, salad, veggie, fruit & milk.	23 B-Cereal, sausage, toast, fruit & milk. L-Mexi-mac, refried beans, salad, veggie, fruit & milk.	24 Walnut breakfast cookie, cereal, fruit & milk. L-Grilled cheese, soup, salad, veggie, fruit & milk.	25 B-Yogurt & granola, toast, fruit & milk. L-Hamburgers, fries, salad, veggie, fruit & milk.	26	
27	28 B-Maple oatmeal, toast, fruit & milk. L-Bean soup, cornbread, salad, veggie, fruit & milk.	29 12:00 DISMISS B-Pancakes, fruit, & milk. L-Chef's choice, salad, veggie, fruit & milk.	30 12:00 DISMISS B-Bacon & egg cone, fruit & milk. L-Beef taco pie, refried beans, salad, veggie, fruit & milk.	31 12:00 DISMISS B-Cereal, sausage, toast, fruit & milk. L-Ham or turkey sand, soup, salad, veggie, fruit & milk.	Notes:		

WISHRAM SCHOOL IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER
SEE COMPLETE NON-DISCRIMINATION STATEMENT ON OUR WEBSITE www.wishramschool.org

Wishram High and Elementary School Calendar

March 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	1	2 12 Dismissal In-Service Dr. Seuss Birthday Assembly @ 2 NURSE VISIT	3 NAV 101 2nd Period Science Kit Pickup (8 totes)	4 HSBB State March 4 thru 6 Lip Sync/Silent Auction/Nacho Feed Begins at 5 Lip Sync at 6:15	5
6	7	8 REACH - Physical Comedy	9 BOOKMOBILE @ 9:30	10 NAV 101 3rd Period	11 Snow Makeup/Break Day - No School	12 Alice in Wonderland/Dinner - REACH @ 7 HS Track at Yakima(Zaepfel Stadium) at 11 LV 8 ETR 7 REACH Math Challenge in White Salmon REACH to see Alice in Wonderland in The Dalles
13 Daylight Savings Time - turn clocks AHEAD 1 hr.	14	15 HSBB at Lyle VB 4	16 12 Dismissal In-Service	17 HS Track at The Dalles w Mullin Leavitt Invite at 3 LV 2 ETR 8 NAV 101 4th Period	18 ASB and REACH Lazer Tag trip to Portland LV 18th ETR 19th(RESCHEDULED TBA& HSBB at Kennewick VSB at 3	19 HSBB and BB at Stevenson VB 3 VSB 3 LV 1 ETR 830 HSBB and BB at Wh. Swan VB at 11 VSB at 11 LV 8 ETR 8
20	21	22 School Board Meeting at 5	23 BOOKMOBILE @ 9:30	24 NAV 101 5th Period Science Kit Delivery K-6	25 HSBB and BB at Goldendale VB 3 VSB 3 LV 130 ETR 8	26
27	28	29 12 Dismissal/Conference	30 12 Dismissal/Conference HS Track at Wh. Salmon w Trico at 330 LV 230 ETR 8	31 12 Dismissal/Conference 4th Qtr Begins HSBB at Lyle w Dufur at 3	1	2

Wishram School 7th Annual

Silent Auction and Lipsync



and Nacho Feed

Friday

March 4th

Silent Auction and Nacho Feed

5:00 P.M. to 6:00 P.M.

Lip Sync Begins at 6:15 P.M.

Loaded Nachos - \$6 a Plate

Voting Clickers - \$1 each

Wishram 2016 Senior Class

T-Shirt Fundrasier



A- Blanket 60"x50"(\$35)

B- Polo(\$35)

C- ProFit Hat (\$25)

D- Hoodie (\$40)

E- 1/2 Zip Jacket (\$55)

F- Full Zip Jacket (\$55)

G- T-Shirt (\$25)

H- Long Sleeve Shirt (\$28)

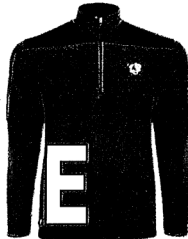
All profit goes towards
Wishram 2016 Senior Class Trip

Orders Due by March 29th, With Money, to The Wishram School Office.

Front BACK



**All Items come in Black/
Blanket in Purple or Blue**



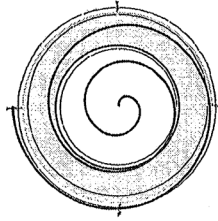
Please Fill out and return this slip with Money to the Wishram School Office
For More information call the Wishram School at 509-748-2551

Name : _____ Phone # _____

Item : _____ Size _____ Total : _____

Paid _____ Signature of person who accepted Money _____

Extra Costs: XL—\$1 XXL—\$2 XXXL—\$3 XXXL—\$4



COLUMBIA GORGE
DISCOVERY CENTER & MUSEUM

be present... in the past

OFFICIAL INTERPRETIVE CENTER OF THE COLUMBIA RIVER GORGE NATIONAL SCENIC AREA

5000 Discovery Drive, The Dalles, OR 97058 · 541.296.8600 · www.gorgediscovery.org

Contact: Susan Buce, Marketing Manager • Ext. 215 • marketing@gorgediscovery.org

PRESS RELEASE - For Immediate Release

Date: February 26, 2016

Contact: Susan Buce, Marketing Manager, 541-296-8600 ext. 215

marketing@gorgediscovery.org

SUMMARY

Columbia Gorge Discovery Center is joining hundreds of cultural institutions across the country on Saturday, March 12, 2016 for the Smithsonian Institution's Museum Day Live! This is a nationwide campaign provides free admission for two people to share in our national cultural heritage. For your free ticket for two, register at <http://www.smithsonianmag.com/museumday/museum-day-live-march-2016/>.

Museum Day Live encourages girls to explore our national heritage

THE DALLES— Columbia Gorge Discovery Center is joining hundreds of cultural institutions across the country on Saturday, March 12, 2016 for the Smithsonian Institution's Museum Day Live! This is a nationwide campaign to reach women and girls in underserved communities and provides an opportunity to the public throughout the U.S. to enjoy and share in our nation's dynamic heritage and cultural life.

This "special edition" of Smithsonian's signature "Museum Day Live!" event will encourage all people, and particularly women and girls, to explore their nation's museums, cultural institutions, zoos, aquariums, parks and libraries—which will offer a ticket for two for free admission to one museum for the day.

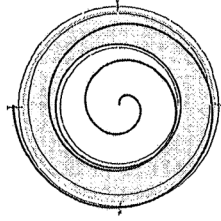
First Lady Michelle Obama encouraged every cultural institution in the country to do outreach and engagement with our young people, noting "One visit, one performance, one touch, and who knows how you could spark a child's imagination?"

To receive your free Museum Day Live! ticket for two guests at one museum only, register for an account at <http://www.smithsonianmag.com/museumday/museum-day-live-march-2016/>.

Once registered, you can request a ticket to one participating venue. The ticket will be available to download immediately up to the date of the special event. You must print your ticket and present it to receive your free admission.

Columbia Gorge Discovery Center and Museum is located at 5000 Discovery Drive, The Dalles, Oregon. For information call 541-296-8600 ext. 201 or visit www.gorgediscovery.org.

Columbia Gorge Discovery Center and Museum is the official interpretive center for the Columbia River Gorge National Scenic Area. Hands-on, multi-media exhibits illuminate the cultural and natural history of the Gorge, including Ice Age geology, Native American culture, Lewis and Clark, John C. Frémont, the Oregon Trail, trade, transportation, renewable energy, ecology, live raptor presentations and more. The museum is wheel-chair accessible, and family friendly, with a Kids Explorer room. Riverfront Trail offers hiking and biking, and a native plant nature trail circles the pond next to the museum. The Discovery Center is located off I-84 exit 82, at 5000 Discovery Drive, The Dalles, Oregon, 97058. The museum is open daily from 9 a.m. to 5 p.m. Regular adult admission is \$9, seniors \$7, kids 6 to 16 are \$5, and children 5 and under free. Live raptor presentations are held at 11 a.m. and 2 p.m. on Saturdays and Sundays, and daily during Spring Break. The Columbia River Trading Company museum store is open daily. For more information, phone (541) 296-8600 ext. 201, or visit www.gorgediscovery.org.



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PRESS RELEASE - For Immediate Release

Date: February 26, 2016

Contact: Susan Buce, Marketing Manager, 541-296-8600 ext. 215

marketing@gorgediscovery.org

SUMMARY

Kids receive free museum admission during Oregon and Washington Spring Break with paid adult admission from March 19 through April 10 at Columbia Gorge Discovery Center, 5000 Discovery Drive, The Dalles, Oregon. Enjoy the Kids Explorer room craft activities, and a fun scavenger hunt. See the new Frémont exhibit, and live raptor presentations. The museum is open daily from 9 a.m. to 5 p.m. For more information, phone (541) 296-8600 ext. 201, or visit www.gorgediscovery.org.

Spring Break at Columbia Gorge Discovery Center

THE DALLES— Looking for a great family outing during Spring Break? Visit the Columbia Gorge Discovery Center & Museum. Kids through high school age receive free museum admission during Oregon and Washington Spring Break with paid adult admission from March 19 through April 10.

Enjoy the Kids Explorer room craft activities, and a fun scavenger hunt through the hands-on, multi-media museum exhibits that illuminate the cultural and natural history of the Gorge. Enjoy the wildflowers on the hiking trails and be wowed by the raptors in a live presentation.

Children (and adults) will learn and have fun at the same time learning about Ice Age geology, early explorers like Lewis & Clark and John C. Frémont, Native American culture, the Oregon Trail, the Historic Columbia River Highway, renewable energy, and more.

Enjoy a tasty lunch from the Basalt Rock Café, open daily 11 a.m. to 2 p.m. during spring break and stop by the Columbia River Trading Co. museum store.

Columbia Gorge Discovery Center and Museum is the official interpretive center for the Columbia River Gorge National Scenic Area. The museum is wheel-chair and stroller accessible. A paved nature trail circles the pond next to the museum, where you have the chance to see beaver activity, raptors and blooming wildflowers. Take the Riverfront Trail for miles of hiking and biking along the Columbia River.

Columbia Gorge Discovery Center is located off I-84 exit 82, at 5000 Discovery Drive, The Dalles, Oregon, 97058. The museum is open daily from 9 a.m. to 5 p.m.

For more information, phone (541) 296-8600 ext. 201, or visit www.gorgediscovery.org.

Home & School CONNECTION[®]

Working Together for School Success

Wishram School District

March 2016

Wishram School District



SHORT NOTES

Car chats

If you carpool, your child's conversations with the other kids can shed light on what's happening at school or with activities. Later, use what you heard to start a conversation. ("You mentioned something about a new science club. Is that an activity you'd be interested in?")

Double-check homework

Looking over completed assignments carefully will help your youngster turn in her best work. She should check for skipped questions and math errors like adding numbers instead of subtracting them. Suggest that she pay attention to mistakes she often makes. Then, she could write reminders ("Put my name on my paper!") to post in her homework area.

Which group am I in?

As your child gets older, you may notice him placing more emphasis on how he fits in with peers. Explain that it's natural for youngsters to form groups, but it's nice to be friends with a wide variety of people. For example, he might have friends in class, friends from soccer, and neighborhood friends.

Worth quoting

"You can observe a lot just by watching." *Yogi Berra*

JUST FOR FUN

Q: Can a kangaroo jump higher than the Empire State Building?

A: Of course. The Empire State Building can't jump!



In real life: Beyond screen time

Today's children—and parents—are spending more and more time in front of computers, tablets, smartphones, and TVs. And that means fewer opportunities to interact as a family. Try these steps for cutting back on screen time and increasing the amount of time you enjoy together.

1. Track habits

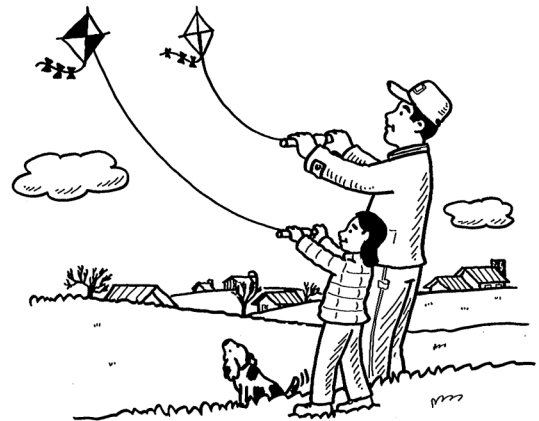
A little screen time here and there really adds up. For one week, have each person carry a small notebook to log usage. Every bit counts—your youngster might write "Music video on laptop, four minutes," and you could write "Facebook on phone, two minutes."

2. Set ground rules

Share your logs to see how you spent your screen time. Then, come up with rules to help you cut back, and ask your child to write them down. Her rules might include doing homework first, turning off screens an hour before bed, and not using devices in the car. A whole-family rule could be no screens during meals.

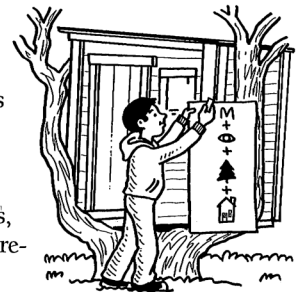
3. Brainstorm alternatives

Together, think of screen-free activities for home and on the go. *Examples:* Fly kites, play hangman on restaurant napkins, read aloud to each other from magazines in the doctor's office. *Tip:* Post the list. Have your child refer to it regularly—and add ideas to it, too.♥





RE + MANIA

Encourage your youngster to explore word parts and sounds by making his own *rebuses*, or puzzles that use pictures, symbols, and letters to represent words and phrases.




Take turns making rebuses for each other to figure out. For instance:



 +  = tree house

 +  + U = I love you

Suggest that your youngster say words aloud to get ideas. He will hear word parts that may help, such as *arrow* in *wheelbarrow*:

 + B + →

Mention that he can subtract letters, too! What does he think this one means?

 - s + 

Answer: unlock

How to talk about report cards

Report cards are one way that teachers communicate with parents about how their youngsters are doing. Use these ideas to discuss grades with your child.

Start out positive. First, ask your youngster to tell you about his report card. Have him show you something he is proud of, such as maintaining a good grade in writing or bringing up his social studies mark. Then, point out something positive you noticed.



but his effort grade went up. He'll appreciate hearing, "You're really trying in math. Keep up the good work."

Note: Avoid paying your child or giving him prizes for grades. Instead, help him focus on the built-in rewards of doing his best. ("Your reading grade improved—soon you'll be able to read that new series you saw at the library!")♥

Focus on the future.

If your child gets a low grade, or a grade that drops from last quarter, discuss ways he could improve. He may need to get help from his teacher, or he might have to put in more study time. Pay attention to effort grades, too. Maybe your youngster's math grade stayed the same

Q & A Understanding state tests

Q: My daughter will be taking "performance-based" tests this month. What are these, and how can I help her prepare?

A: These tests ask students to perform tasks based on information they're given. For instance, your daughter may have to read a graph, answer questions about it, and then create her own graph. Or she might need to read two nonfiction articles on the same topic and compare the facts in them.

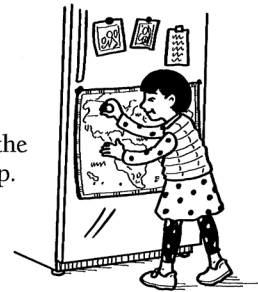


ACTIVITY CORNER Pin the magnet on the map

Where in the world is Iceland? How about South Africa? This version of Pin the Tail on the Donkey will help your youngster learn locations on a map.

Hang a world map on the refrigerator, and stand with your backs to it. One person names a continent or an ocean. Each player takes a turn closing her eyes, spinning around, and trying to place a refrigerator magnet on the correct location. *Variation:* Call out countries or states, and have players "pin" small sticky notes onto them.

Who came the closest? Let your child use a length of string or a ruler to measure the distance from each person's magnet to the place. Older students could use the map's scale to calculate how many miles away it is. The person who wins that round picks the next spot.♥



PARENT TO PARENT Parent volunteering: A first-time experience

I recently changed to the second shift at work, and the first thing my son Tony said was that now I could be a classroom volunteer like some of his friends' parents. I figured it was too late in the year, but I sent a note to the teacher anyway. I was glad when he called and said he'd love to have my help.

It turns out that my ability to speak Spanish and my sewing skills have come

in handy. First, I worked with a group of Spanish-speaking students who are learning English. Now I'm sewing costumes for the class play.

Mr. Brown told me that even if my hours at work change again, he has ways for me to lend a hand.

Tony was happy to see me at school, and he and his classmates are excited about wearing the costumes in the play.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
540-636-4280 • rfeustomer@wolterskluwer.com
www.rfeonline.com

ISSN 1540-5621

Wishram School District #94
Post Office Box 8
Wishram WA, 98673

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